



'Care for yourself, Care for each other, Care for your school. Always do your best'

Dover Down Lower School

Tel: 01525 377233

Email: office@doverdownlower.co.uk

Headteacher: Mrs D Brewster

17th May 2021

Dear Parent/Carer

Year 4 Outdoor Adventure Day at Rock UK - Thursday 27th May 2021

A few reminders and information:

Departure: Please arrive outside the school office with your child by 7.55am (coach leaves 8.00am.)

Return: We will be returning to school at 8.30pm approx. Please collect your child from outside the school office.

Activities: High Ropes in the tree tops, Kayaking plus other exciting challenges.

Clothing: Your child should come to school on Thursday ready wearing outdoor sports clothing and trainers.

- Please ensure your child brings a waterproof jacket, spare trainers, and a change of clothes plus small towel - be prepared to get wet!
- Please wear clothing for all activities which you won't mind getting mucky or wet – shorts can be worn for the water activity!
- High Ropes: Please wear trousers that cover the knee.

Meals:

- Snack: please provide your child with a healthy mid-morning snack
- Lunch: please ensure your child brings a packed lunch and a drink in a named carrier bag
- Evening meal: Rock UK will be providing a cooked evening meal – if your child has any specific dietary requirements, please let us know in advance.
- Please ensure your child brings a named water bottle which can be refilled throughout the day

Medicines:

Please do not pre-empt an illness but should your child require medicine, please ensure you complete a medicine authorisation form, and that any medicine is clearly named and placed in a clear plastic bag. This should be handed to a member of staff on the morning of departure.

Accompanying staff: Mrs Brewster, Mr Squires plus one other member of staff.

If you have any further questions, please get in touch via the school office.

Kind regards

Mrs Debra Brewster

Heath Road, Leighton Buzzard, Bedfordshire LU7 3AG

www.doverdown.beds.sch.uk

