Active Lifestyles

Central Bedfordshire great lifestyles

October half term activities for families with children with Special Education Needs and/ or Disabilities (SEND)

Siblings welcome. Note small group sizes, First come, first serve.

Monday 21st October
1pm – 3pm

Branch Out Forest School
Houghton Hall Park Visitor Centre,
Park Road North, Houghton Regis,
LU5 5FU

Cost: £10 per child - Must be accompanied by an adult/carer (free of charge). We also apply a 10% sibling discount after a full paying first child is booked.

Advanced booking required, contact branchoutforestschool@gmail.com
Or call Rosie on 07706 753260.
For information about Houghton Hall Park visit www.houghtonhallpark.org

Tuesday 22nd October
12 noon – 1.30pm

Flitwick Climbing Wall
Flitwick Leisure Centre
Steppingley Road, Flitwick, Beds,
MK45 1TH

£8 per child
Advanced booking required
Contact climbing.flitwick@sll.co.uk or call 01525 493131
Parents/carers need to stay to help supervise their child/children.

Wednesday 23rd October
10.00am – 11.00am
11.15am – 12.15pm

Sandy Trampolining session

£2.50 per child
Advanced booking required
Contact Engayne Avenue, Sandy, Beds SG19 1BL
01767 681 872

Parents/carers need to stay to help supervise their child/children.

Wednesday 23rd October
10 am - 12 noon

Greensand Trust Supervised shelter building challenge.

Rushmere Country Park, Linslade Rd, Heath and Reach LU7 0EB

£5 per child.
Maximum 12 participants. Mininum age 6 years old. Children must be accompanied by an adult.

Advance booking required, visit www.greensandtrust.org/whats-on
Or call 01234 743666

Thursday 24th October
12.30pm – 1.30pm

Flitwick Trampolining Session

Flitwick Leisure Centre
Steppingley Road, Flitwick, Beds, MK45 1TH

£3 per child
Advanced booking required
Contact kim.perry@sll.co.uk or call 01525 493131
Parents/carers need to stay to help supervise their child/children.

Thursday 24th October
11am

Relaxed Screening of Playmobil: The Movie (U)

The Grove Theatre, Court Drive, Dunstable, LU5 4GP

Cost: contact for charges
To book visit www.grovetheatre.co.uk/events/playmobil-the-movie-u-relaxed-screening/ or call 01582 602080

SLL

The Greensand Trust

Houghton Hall Park

GROVE THEATRE