



## MENUS FROM THE DOVERY KITCHEN



### WEEK 1

Week Beginning	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	Sausages	Spaghetti Bolognese	Roast Chicken & stuffing	Sausages in a roll	Fish & Chips
19/11/2018	Cheesy Pasta	Fish fingers	Cheese Flan	Fish Stars	Pizza
10/12/2018	Apple crumble	Fruit Cake		Cookies	Cup Cakes
<b>Christmas Dinner</b>					
13/12/2018					
<b>Hot Buffet</b>					
15/12/18					

### WEEK 2

Week Beginning	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
5/11/2018					
26/11/2018	Chicken Pie	Meatballs in	Roast Pork & stuffing	Hot dog	Pizza
17/12/2018	Tomato Pasta	homemade tomato	Cheese Flan	Chicken	Fish & Chips
17 <sup>th</sup> 18 <sup>th</sup> 19 <sup>th</sup>	Fish Cakes	sauce	Ice buns	Macaroni Cheese	Chocolate Cake
<b>Christmas Fun Week</b>	Flapjack	Fruit Tart		Cookies	

### WEEK 3

Week Beginning	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
12/11/2018					
3/12/2018	Sausage	Lasagne	Roast beef & Yorkshire pudding	Hot dog	Fish & Chips
	Chicken curry	Fish Fingers	Salmon fillet	Cheesy Pasta	Pizza
	Fruit Muffin	Oat Biscuits	Chocolate Tart	Iced Sponge	Cookies

**DAILY: Variety of salads, vegetables, fresh fruit, yoghurt , breads and Jacket Potato**