

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
YR	<u>Unit 3</u> Scared or Afraid – define, recognise, empathise.  <u>RSE – Being safe</u>	<u>Unit 3</u> Sacred or Afraid cont.  <u>RSE – Being safe</u>	<u>Unit 3</u> My feelings- all emotions should be valued and are ok.  <u>RSE – Being safe</u>	<u>Unit 3</u> Mad 2 – additional examples of angry, different words for  <u>RSE – Being safe</u> feelings.	<u>Unit 4</u> Twiggie learns to do turtle – identify problem situation, know negative consequences for poor choices.  <u>RSE – Caring Friendships</u>	<u>Unit 4</u> Twiggie does turtle 2 – techniques for self control, symbols to match 3 steps to calming down.  <u>RSE – Caring Friendships</u>	<u>Unit 4</u> Turtle technique review.  <u>RSE – Respectful Relationships</u>	<u>Unit 4</u> Appropriate turtles – associating strong uncomfortable feelings with doing turtle.  <u>RSE – Respectful Relationships</u>	<u>Unit 4</u> Appropriate turtles 2 – reinforce doing turtle as signal to others about feelings.  <u>RSE – Respectful Relationships</u>	<u>Unit 4</u> Calm or Relaxed – facial cues and body language, reasons for feeling calm, comfortable feelings.  <u>RSE – Families and people who care about me</u>	<u>Unit 5</u> Sharing and Caring 1 – sharing with the class, relate concept of sharing with caring, situational contexts.  <u>RSE – Families and people who care about me</u>	<u>Unit 5</u> Sharing and Caring 2 – Sharing as part of friendship, greed and sharing with others; the difference, choices in the context of sharing.  <u>RSE – Families and people who care about me</u>
Y1	<u>Unit 8</u> Love – define, recognise and empathise.  <u>RSE – Families and people who care about me</u>	<u>Unit 8</u> Love cont.  <u>RSE – Families and people who care about me</u>	<u>Unit 8</u> Love cont.  <u>RSE – Families and people who care about me</u>	<u>Unit 8</u> Worried – define, recognise and empathise.  <u>RSE – Being safe</u>	<u>Unit 8</u> Worried cont.  <u>RSE – Being safe</u>	<u>Unit 8</u> Worried cont.  <u>RSE – Being safe</u>	<u>Unit 8</u> Disappointed - define, recognise and empathise.	<u>Unit 8</u> Disappointed cont.	<u>Unit 8</u> Disappointed cont.	<u>Unit 8</u> Jealous - define, recognise and empathise.  <u>RSE – Respectful Relationships</u>	<u>Unit 8</u> Jealous cont.  <u>RSE – Respectful Relationships</u>	<u>Unit 8</u> Jealous cont.  <u>RSE – Respectful Relationships</u>
Y2	<u>Unit 4</u> Self-control 1 – Anger management – gaining self-control and calming down.  <u>RSE – Respectful Relationships</u>	<u>Unit 4</u> Self-control 2 – Anger management – gaining self-control and calming down – further methods.  <u>RSE – Respectful Relationships</u>	<u>Unit 4</u> Self control 3 – control over feelings of anger.  <u>RSE – Respectful Relationships</u>	<u>Unit 4</u> Calm or relaxed – relaxation practises.	<u>Unit 5</u> Control signals poster – anger management – thinking about what to do after we calm down.  <u>RSE – Respectful Relationships</u>	<u>Unit 5</u> Problem discussion – Angry Abigail.  <u>RSE – Being safe</u>	<u>Unit 5</u> Problem Solving meeting – role play practise with problem solving.	<u>Unit 5</u> Surprised and expect – evaluate feelings, discuss simultaneous feelings.	<u>Unit 5</u> Problem discussion on surprised – introduce format for problem discussions, integrate problem solving.	<u>Unit 5</u> Problem solving; privacy and telling your feelings – consider when appropriate or helpful to communicate feelings.  <u>RSE – Caring Friendships</u>	<u>Unit 6</u> What is a good friends? – concept of friendship, critical thinking.  <u>RSE – Caring Friendships</u>	<u>Unit 6</u> Lonely – define, recognise, empathise.  <u>RSE – Being safe</u>
Y3	<u>Unit 4</u> Cross/Angry – Baxter and his temper  <u>RSE – Being safe</u>	<u>Unit 4</u> Making good choices – listening to others/taking advice/thinking things through.  <u>RSE – Caring Friendships</u>	<u>Unit 4</u> Problem Solving meeting – role play, biography of Mother Teresa.	<u>Unit 4</u> Problem solving meeting 2 – role play and practise problem solving.	<u>Unit 5</u> Listening to others – preventing and solving peer conflict/positive classroom behaviour.	<u>Unit 5</u> Fair play rules – fairness in peer relationships, solutions for peer conflict.	<u>Unit 5</u> Introduction to manners: why are they important? – good/bad manners, how manners can be used.	<u>Unit 5</u> Shy and Lonely – uncomfortable emotions linked to social situations.	<u>Unit 5</u> Making friends – Baxter makes a friend.  <u>RSE – Caring Friendships</u>	<u>Unit 5</u> Frustrated – further differentiation of anger, hierarchical thinking with regard to feelings and behaviour.	<u>Unit 5</u> Being a good winner/loser – encourage positive social interaction skills.	<u>Unit 5</u> Problem solving meeting 3 – further practise in problem solving.  <u>RSE – Caring Friendships</u>

				<u>RSE – Respectful Relationships</u>	<u>RSE – Respectful Relationships</u> <u>RSE – Caring Friendships</u>	<u>RSE – Respectful Relationships</u>	<u>RSE – Respectful Relationships</u>	<u>RSE – Being safe</u>		<u>RSE – Being safe</u>	<u>RSE – Respectful Relationships</u>	
Y4	<u>Unit 2</u> Playing by the rules – emphasise communication skills/promote effective problem solving skills.  <u>RSE – Respectful Relationships</u>	<u>Unit 2</u> Solving an important problem – discuss story of Trevor Ferrell who helps homeless people.	<u>Unit 2</u> Avoiding Gossip – encouraging positive social interaction skills/perceptive taking skills.  <u>RSE – Caring Friendships</u>	<u>Unit 2</u> We are all unique – story of Wilma Rudolph who overcame significant challenges.	<u>Unit 2</u> Best friends story 1 – co-operation, role play and problem solving/class participation.  <u>RSE – Caring Friendships</u>	<u>Unit 2</u> Best friends story 2 – feelings, behaviours, structure within groups.  <u>RSE – Caring Friendships</u>	<u>Unit 2</u> Best friends story 3 – passive and active/dialogue /self-control etc  <u>RSE – Caring Friendships</u>	<u>Unit 2</u> Best friends 4 – making up – means end solution thinking/ generating alternative solutions.  <u>RSE – Caring Friendships</u>	<u>Unit 3</u> Making good decisions 1 – Deressa’s choice.	<u>Unit 3</u> Making good decisions 2 – Refusal skills	<u>Unit 2</u> Making good decision 3 – Loni’s challenge	<u>Unit 3</u> Making good decision 4 – Thinking Ahead  <u>RSE – Being safe</u>